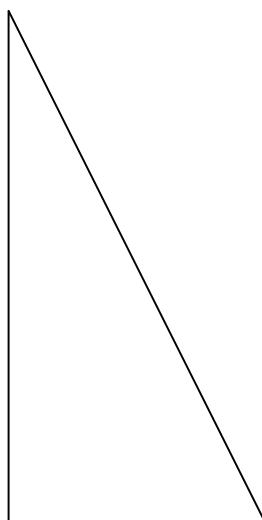


Dinghy Instructor Course

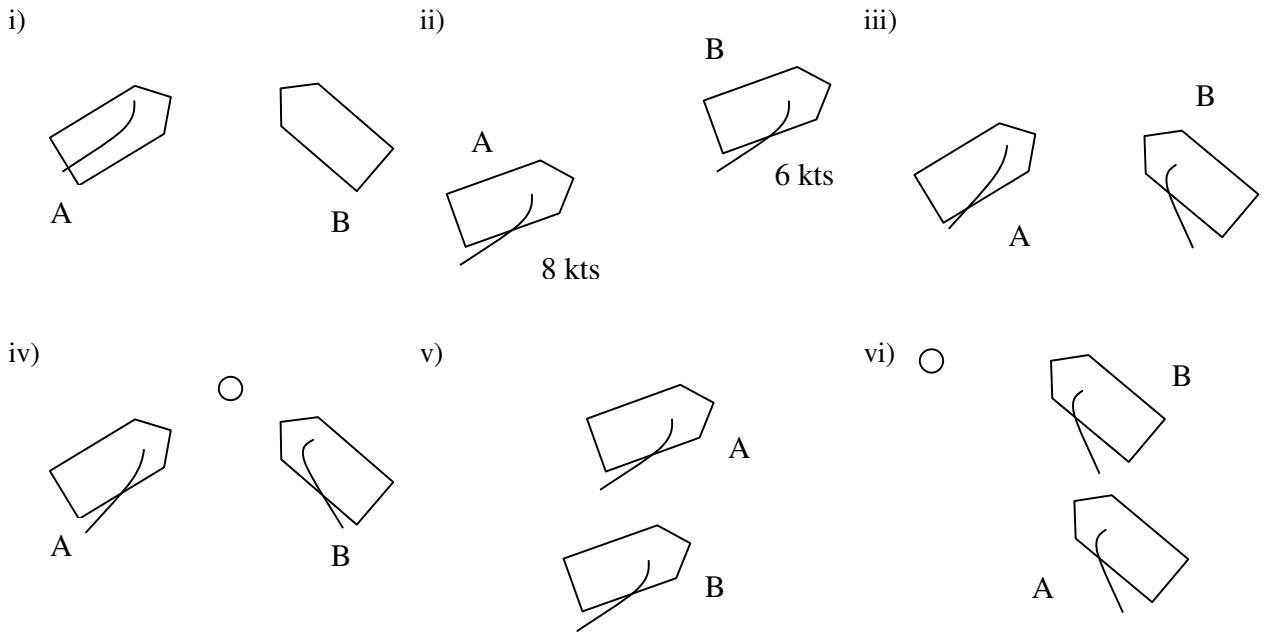
Sailing Theory Quiz

The following questions are either things an instructor will be expected to teach or are questions which have been asked by students on courses

1. Who is the RYA national sailing coach?
2. Give two uses for a reef knot
3. When the tide is ebbing what is it doing?
4. What do sail battens do?
5. What is a Portsmouth yard stick?
6. Why is the starboard side of a boat called starboard?
7. Why is the port side of a boat called port?
8. What do the spreaders do and what effect does their adjustment have?
9. What is a spring tide and how often do they occur?
10. Name the three corners and three sides of this sail



11. Which of these boats is the give way vessel and what action should they take to avoid a collision?



12. Why is a halyard called a halyard?

13. When sailing on a close hauled course the windward telltale on the jib starts to flutter. What action should be taken to correct this?

14. When sailing on a broad reach with an asymmetric spinnaker up the boat starts to be overpowered and heels excessively to leeward. What action should be taken by the helm and crew to correct this?

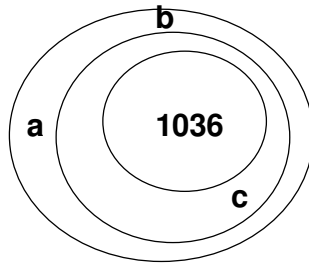
15. What are the 5 essentials? Give a brief description of each.

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16. What is the method for gybing a centre mainsheet boat?

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17. What kind of weather is associated with this weather pattern and what direction will the wind be blowing at points a, b and c?



18. What is a sea breeze?

19. What does a centre/dagger board do on a boat and how would you sail with out one?

20. My child has just completed stage 3. What should he do next?